

Autism Hub

making a difference

Autism and Anxiety

Featured resources

Griffith University Autism Centre of Excellence

[Anxiety with autism](#)
(webinar)

[Anxiety and autism](#)
(infographic)

AFIRM Modules

[Task analysis](#)
[Visual supports](#)
[Social skills training](#)

National Autistic Society

[Sensory overload](#)

Raising Children Network

[Anxiety: autistic children
and teenagers](#)

inclusionED

[Structured tasks using
work systems](#)

The University of Queensland

[The Brave Program](#)

Spectrum News

[At the intersection of
autism and trauma](#)

Did you know?

40% of children with autism are diagnosed with an anxiety disorder

[Griffith University, Autism Centre of Excellence](#)

Who else can help?

Multidisciplinary teams are one of the key themes in the successful inclusion of students with autism.

Consider the involvement of occupational therapists, physiotherapists, and/or speech-language pathologists.

Have you tried...

Building control and predictability through choice.

Replicating successful tasks across classroom routines.

Prioritising skills by focusing on small achievable goals.

